

# Monday, 17th December to Friday, 25th January 2019

NOTICE - ALLERGY - Please ensure all food is nut free





#### Monday 17 December



(N) + \$17.00

#### DREAM TO FLY

INCURSION - MINDFUL ME

The "Mindful Me" Mind & Body program has been designed to assist children to be mentally, physically and emotionally healthy, so that they can become contributing members of a healthy community.



# Monday 07 January

#### OOEY GOOEY

**IN-SERVICE** 

No need to worry about making a mess today! We are going to be up to our elbows in sticky



# Tuesday 18 December

#### CHRISTMAS SPICE

**IN-SERVICE** 

Get into the holiday spirit as we create bright and colourful Christmas decorations that would make Santa proud!



# Tuesday 08 January



+ \$17.00

#### BUILD SOMETHING BIG

INCURSION-DUAL LANE WATERSLIDE

Bring along your bathers and towel so you can race your friends on the dual lane waterslide



# Wednesday 19 December

#### CHRISTMAS GAMES

Today we will play some fun and inspiring Christmas Games, ready to gear you up, full of ideas for the festivities!

Join us for fun and games Christmas style!



# Wednesday 09 January

# RUNAWAY TO THE CIRCUS

Roll up, roll up to our Circus today!



# Thursday 20 December

## CHRISTMAS RECIPE BOOK

**IN-SERVICE** 

Join us to create Master Chef Junior Christmas recipes!

Join us to make Christmas treats for our party and to take home!



# Thursday 10 January



+ \$32.00

**EXCURSION-INDOOR ROCK CLIMBING &** 

EXPLORE THE GREAT OUTDOORS

You will need a big breakfast to help scale the walls at Crank Indoor Climbing today. Will you make it to the top? If you want to challenge yourself, why not try out the parkour! Wear comfortable clothing/joggers.



Arrive by 8.30am-Waiver required

## Friday 11 January

### ANIMAL CRACKERS

**IN-SFRVICE** 

Can you swing like a Monkey or run like a Zebra? Unleash your inner animal love and wear your favourite print as we learn new things about animals.



# Friday 21 December

### CHRISTMAS HOLIDAY PARTY

It's party time! Join in the holiday celebrations with a day of party games, music, dancing and



Mon - Fri 6:30am - 6:00pm Windsor - 0458009761 Harris Street Windsor QLD 4030

additional cost to the daily fee and are charged for each child that attends whether they choose to participate or not.



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# Monday 14 January

#### THE MAD SCIENTIST

**IN-SERVICE** 

Mess up your hair and become a mad scientist for the day... with heaps of fun and fascinating experiments in store!



# Monday 21 January

+ \$17.00

#### MASTER ARTIST

INCURSION - THE AMAZING ART RACE

Work against the clock in the amazing art race. Just like the TV show, only it's a race around your local park! Work in a team to navigate through the park and fulfill creative and physical challenges. Participants will be in the running to win some cool prizes.



# Tuesday 15 January

#### WHEELS DAY

**IN-SERVICE** 

Enjoy your bikes, scooters, skates, blades or skateboards for a day of riding fun. Helmets and safety gear must be worn, no equipment can be shared.



(N) + \$17.00

# Tuesday 22 January

#### JAPANESE CHERRY BLOSSOMS

**IN-SERVICE** 

Take a journey with us to Japan today! Climb Mt Fuji and make your own sushi for lunch!



# Wednesday 16 January

#### WATER PLAY DAY

INCURSION - SPLASHTASTIC FUN

Beat the summer heat and cool down with some water fun in the form of partner battles, team races and much more. Bring a change of clothes and be prepared to get wet from start to finish.



# Wednesday 23 January

#### GET TO KNOW YOUR COMMUNITY

IN-SERVICE

To celebrate the people in the local community who help us every day, come dressed as what you'd like to be when you grow up.



+ \$32.00

## Thursday 17 January

#### SECRET SPY

IN-SERVICE

Follow the clues to find the answer to the mysteries you will solve today!



+ \$32.00

# Thursday 24 January

EARTH DAY

EXCURSION - EVENT CINEMAS GARDEN CITY MT GRAVATT

Today we're off to the movies to see Ralph breaks the internet, popcorn and drink included



## Arrive by 8.30am

# Friday 25 January

#### DISCO FEVER

IN-SERVICE

Come dressed in your shiniest disco gear and get set for a day filled with foot-stomping music and crazy dance moves!



# Friday 18 January

GREEK MYTHOLOGY

EXCURSION - INFLATABLE WORLD CABOOLTURE

Bounce, climb and roll your way through a super-fun day at Inflatable World! (Don't forget your socks!)



Arrive by 8.30am

Mon - Fri 6:30am - 6:00pm Windsor - 0458009761 Harris Street Windsor QLD 4030 Daily price: \$47.00 | Excursions and incursions are an additional cost to the daily fee and are charged for each child that attends whether they choose to participate or not

Junior Adventures Group continues to pioneer the OSHC sector, building stronger communities and brighter futures for more than 70,000 children, 40,000 families and more than 400 schools across Australia.

#### **Our Values**

- Considerate Be there for others
- Passionate Bring energy and determination
- Courageous Challenge ourselves

The values we share guide our behaviour as we work towards our vision to build brighter futures together.

#### What we offer

- A healthy, safe, respectful and engaging environment
- Caring, enthusiastic, fun and friendly team
- New and popular excursions, incursions and theme days
- Stimulating experiences tailored to children's interests, abilities and current trends
- Helping Hands endeavour to link each fun experience to key learning outcomes



# We are a child safe organisation



# What Does My Child Bring?

Please bring lunch and a refillable drink bottle. If bringing food please make sure it's nutritious and doesn't require heating or cooking.

Please be mindful of the planned incursion/excursion and ensure your children are dressed appropriately. Don't forget your sun smart hat, comfortable clothes, closed shoes and a drink bottle.

To avoid loss or disappointment, please leave your valuables, money and electronic toys (including tablets and smart phones) at home.



## **Healthy Eating**

Helping Hands follows the Australian dietary guidelines which can be found at https://www.eatforhealth.gov.au

## **Activity Changes**

If an excursion or incursion (due to unforeseen circumstances) is cancelled, the activity will either be postponed or an alternative activity of equal value will be provided where possible.



## Before making your booking & cancellations

All children must be enrolled with Helping Hands prior to booking via helpinghandsnetwork.com.au. Bookings made within 5 days for a Vacation Care session will incur an extra charge of \$4.00 per day per child. 7 days notice is required for cancellation of a Vacation Care booking to ensure you will not incur out of pocket costs. Please note that bookings can not be made online within 5 days of the session commencing. In order to book within this period, you will need to contact the service directly, the Customer Service and Billing Team on 1300 612 462 or by emailing accounts@helpinghandsnetwork.com.au.

#### Child care subsidy

Our services are registered with Centrelink, so you will be able to claim Child Care Subsidy on your fees. For further information please visit https://www.education.gov.au/new-childcare-package-frequently-asked-questions.

#### Children with additional needs

We support all children including children with additional needs. If you would like to provide additional information about your child and his/ her needs or require inclusion support funding, please contact us 6 weeks prior to program commencement on 0458009761 for staffing purposes.